

The Nine Waves of Creation: Psychedelics, Mayan Time, and the Geometry of Consciousness with Dr. Carl Johan Calleman

Hey, listeners, it's Adam Nox, and welcome to another episode of The Cult of You. And another interview with the devil. My devil today is the author of *Quantum Science of Psychedelics*, Dr. Carl Johan Calleman, PhD. This is an interesting piece, and if you've not yet, I recommend that before you actually watch today's episode that you go and check out the book review.

And I don't usually say that, but one of the reasons I'm saying it today is because of the breadth and the detail of this discussion. We're going to go into a lot of interesting concepts that would be better served if you've had some kind of familiarity with the idea. However, I try to frame these things as if you don't, so you should still get benefit from it. But I think just watching the book review, if some of the concepts may seem a bit out there, will kind of help a little bit with context. Now he is a PhD in Physical Biology from the University of Stockholm. So he's very much a scientist. But as he says, a scientist who explores a different framework in the sense of where he's also quite a bit of an expert on the Mayan system and the Mayan calendar system.

I personally had a view once upon a time that there was one Mayan calendar, and he really helps us dive in today that there are multiple calendar systems, and they're not exactly the same thing as the traditional Gregorian calendar systems that most of us are familiar with. They're more like measurement tools for what is known as these nine waves of creation, and gives us a very deep insight into those areas and how that cosmology or that model of reality fits into many of the occult frameworks, but is definitely a work on its own. The beauty about the discussion is that he explores not just the philosophical kind of aspects of this, or explores the mythological aspects and the correspondence to this, but also kind of outlines the actual science. What is actually been discovered. And he's very honest about where it's his theory and what makes practical sense based upon the research and gives compelling arguments for his points of view.

I'm confident that you'll find at least something very interesting on this. And my personal favorite was the exploration of the classic serpent and Yahweh complication, and he gives a different framework on that that I think is in a context you will yourself find very interesting at the very least. So sit back, relax and remember to live deliciously.

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Carl, it's an honor and a pleasure to sit down with you. I got to say, I've been stuck in this book. For anybody at home—if you haven't watched the review, get on it now. This is an amazing piece. And I'm not saying that to flatter you. I'm saying that because there've been so many ideas I've seen across the plate—from occultism and esotericism to the exploration of psychedelics and quantum mechanics—that are so well tied together here. You've given me another dimension inside of your work to explore ideas I've already been thinking about. For those unfamiliar with your work, let me ask a question to open things up. Most people have a misunderstanding, which you address early in the book—that there's *one* Mayan calendar, and that it predicts “end days” and similar ideas. But actually, as it turns out, there are many Mayan calendars, and these systems are not what people think. Can you help us understand that part?

Yes. That's a common misunderstanding: “The Mayan calendar,” as if it's a singular thing. Many people imagine it to be like our Gregorian calendar—a simple timeline. But in reality, if you go back to ancient times, you can identify around a hundred different calendars that the Maya were using. For our purposes, we focus on the most meaningful ones, especially those that describe the evolution of consciousness.

Fundamentally, there are nine different waves, or calendars, which are interwoven with something called the Sacred Calendar, or Tzolk'in—a matrix of 260 energies that repeat. These calendars describe multidimensional aspects of time. They are not just linear—they reflect a multi-dimensional reality based on different quantum states of consciousness. That's one of the things that blew my mind open in the book. You highlight those nine levels on the classic pyramids. Many people just correlate them to Egyptian pyramids, but these nine levels—these “worlds”—are deeply symbolic. In Norse mythology, we have the Nine Worlds of Yggdrasil. You present these levels as quantum states—nine different quantum waves.

Yes, and you see this number nine across cultures. It exists in Scandinavian mythology, as you mentioned, and even our decimal system reflects this structure. But what differentiates the Maya is that they left behind numbers—calendars that allow correlation between mythological ideas and physical measurements of reality.

That was a big shift for me—realizing that the Mayan system isn't just mythological, but scientific. You mentioned this realization began for you during a trip to Mexico and Guatemala in 1979?

Exactly. That trip was life-changing. Suddenly, I felt a sense of purpose—something linked to the ancient Mexican peoples, especially the Maya. I was a graduate student in biochemistry at the time, but from then on, I felt my true mission was to make sense of the Mayan calendar system.

There were major turning points. One was reading José Argüelles' *The Mayan Factor*, which opened a new perspective. Then I noticed something striking while visiting the Seafaring Museum in Stockholm—that Swedish history aligned closely with the Mayan Long Count calendar. That was huge. It meant that the Mayan system wasn't just regional—it was global, even cosmic.

And from there, I began receiving ideas—not from books or people, but from somewhere else. But as a scientist, I tested everything. I didn't just channel—I verified it with history, data, and measurement. And the nine levels began to show themselves everywhere, starting with the Mayan pyramids, which are built with nine distinct steps.

So it's hidden in plain sight.

Exactly. And eventually, in 2011—the only known Mayan inscription referencing this transition—it described the “Bolon Yokte' Ku,” the “Nine-Step God,” marking a pivotal moment when all nine waves became accessible.

That's such a profound idea. You describe these waves as consciousness layers that guide human development. What are these nine waves, briefly?

The first four waves shaped biological evolution—from single-celled life to Homo sapiens. Then the fifth wave introduced spirituality and symbolic thought—art, ritual, early consciousness. Around 100,000 years ago, we see cave painting, ochre use—early evidence of inner vision.

The sixth wave, starting 5,100 years ago, gave rise to civilization, geometry, writing, pyramids—mental structures that dominate how we shape reality. The seventh wave, 1755, began industrialism and democracy. The eighth wave, 1999, sparked the digital revolution. The ninth wave, 2011, brings unity consciousness—it reunites the dualistic mind, inviting nonjudgmental awareness and integration.

That's such a beautiful framework. And they all overlap?

Yes. They're cumulative. Earlier waves continue running even as new ones activate. It's like a harmonic interference pattern of consciousness frequencies, which can manifest in unpredictable ways—but also patterned.

I love that. You describe these waves as sine waves—each one going through 13 periods: seven “days” and six “nights.” That's such a compelling structure, especially when we look at serpent symbolism across traditions.

Yes. And they continue past 2011. The ninth wave didn't end—it continues, as do the others. So we live in an era where all nine waves are active. That's unprecedented.

You propose that the Tree of Life isn't just symbolic—it's real. A physical axis, a structure in the universe tied to creation. You even link it to modern discoveries—like the cosmic microwave background and “Axis of Evil.”

Correct. Ancient cultures revered their own “Tree of Life”—from the Baobab in Africa to the Ash of Scandinavia and Ceiba of the Maya. It's universal. And satellite studies have revealed a real cosmic axis—one that even separates the universe in yin and yang. Scientists won't call it the Tree of Life—but I can.

It's a structure in the quantum field. The cosmic plan is encoded within this geometry. Ancient peoples weren't wrong—they were describing a real phenomenon in poetic and symbolic terms.

Incredible. And you propose that this geometry is downloaded by human minds—different waves transmit different mind geometries.

Exactly. Around 5,100 years ago, people began building pyramids and inventing writing—both requiring geometric mental structures. The same geometry allowed symbols to be organized into straight lines, which led to writing. These aren't coincidences. They're the result of wave-driven shifts in consciousness.

So the Tree of Life transmits geometry—serpents as waves—received by the brain, shaping perception.

Yes. And these changes brought both evolution and ego. The sixth wave, especially, introduced duality. And you highlight how this created the conditions for the mythological divide—God vs. Serpent, Yahweh vs. Wisdom. A demonization of the serpent.

Yes. In most of the world, serpents were creator gods. But in the Middle East, especially with Yahweh, the serpent becomes demonized—cursed. Why? It reflects the emergence of ego, dualism, and a shift in divine representation. It's deeply political and psychological. Yahweh reflects the rise of the human ego as divine projection.

And that rise correlates with the sixth wave's geometry—the structured, dualistic mind.

Correct. Rich psychedelics can temporarily disengage. That's why serpent visions are common in ayahuasca. They reconnect us to the pre-ego, unified state—a reality experienced directly before civilization encoded duality into the psyche.

You describe this as a kind of ego purification—the fire that transforms. Geometry of mind becomes cage and key.

Yes. Psychedelics help dissolve the ego structure—the geometry of separation—and open us to the unity state. It's not just a psychological effect. It's a reconnection to earlier wave states—quantum mind states.

So the mystic, the shaman, the healer—they're tuning into these waves?

Yes. The divine gives us access to each wave. But we must consciously choose and cultivate it. Especially now, the ninth wave is available—but not dominant. There's too much noise, disinformation, distraction.

But those who intend to align with unity can. Healers are beginning to work with this—healing not as an end, but as a preparation for entering unity consciousness. That is the goal. Not personal spirituality—but collective evolution.

And that's the cosmic plan. That's what mystics have intuited all along.

Yes. And we must now make it conscious. Intend it. Align with it. Not just for ourselves—but for humanity.

Thank you, Carl. That's a beautiful way to close. This conversation was incredible, and your work is a gift. Thank you for pioneering these ideas with clarity and courage. I look forward to having you on again soon.

Thank you, Adam. I've enjoyed our conversation deeply. Let's continue the journey.